

**Coast Guard  
Peer Review Instrument  
V04.18.05**

**LOW BACK PAIN**

<b>Standard</b>	<b>Meet</b>	<b>Not Meet</b>	<b>Not Applicable - Why?</b>	<b>Comments:</b>
1. Is there a thorough patient history each visit?				
2. Red flags ruled out: i.e age>50, fever, PMH of malignancy, chronic wt loss, major or sensory disturbance, bowel/bladder dysfxn, severe night pain				
2. Is there an appropriate physical exam each visit?  1. Vital signs 2. Observation of patient (posture, stance and gait) 3. Palpation of spine/lumbar region 4. Range of motion 5. Straight leg raise 6. Neurological screening: motor, strength, sensation, deep tendon reflexes and specific reflexes (Babinski / clonus)				
3. Is the treatment plan consistent with the diagnosis?				